

Competition Details (updated where/when) required.

There are *NO UNIFORM PENALTIES* across all NSBL competitions.

Substitutions – equal court time is strongly encouraged across all of the NSBL competitions. Regardless of skill-set or experience, players are to be mindful of court time. NSBL club coaches / staff will intervene if required.

Game times for Junior Competition (grades 3-12)

- 2x 20 minute halves - reduce to 18 minute halves + time out each half if warm weather.
- Same reduction of timing if teams only have 4 or 5 players
- Games to start at 15 minutes past the hour.

Game times for Adult Competition:

- 2x 18 minute halves – reduce to 16 minute halves + time out each half if warm weather.
- Games start at 7pm, 745pm & 830pm

Forfeits:

Adult Competition – need 4x players (in line with our social approach to the competition fill-ins are allowed to make-up the total of 4).

Junior Competition – need 4x players by 15 minutes past the hour to start the game. If a team does not present with 4 or more players – a friendly game will proceed with those who have turned up to the session.

Forfeit penalty:

20 – 0 Win to the team in attendance, with 3 competition points awarded for the win. No competition points awarded on ladder to forfeiting team.

Fill-ins / trials

If a team is short and have recruited a fill-in they are welcome to play if the team has 5 or less players. Fill-ins can also be existing members in another team within the competition. Trialling / new members can participate if a team has 5 or less players.

I.e. if a team has 6 or more players, potential fill-ins / trials will be requested to spectate. This is in place to keep it fair to the existing / paying members.

If you have any further queries, please email basketball@nsbl.com.au